

## **TA Residential Training Programme**

### **Background:**

This live-in intensive workshop is open to people training at all levels in Transactional Analysis. Trainees and trainers meet and work together to further their learning and experience. The seven day programme is a mixture of didactic and experiential learning including small groups for theory and practice, more formal lectures and a large process group. Feedback and on-going reflection and review, at all levels of training, are an integral part of the experience.

All trainees will be working to advance their level of training either as a Certified Transactional Analyst (CTA), Provisional Teaching and Supervising Analyst (PTSTA) or Teaching and Supervising Analyst. (TSTA). Transactional Analysis is a contractual process and each participant will set their own learning goals against which there will be self, peer and trainer evaluation. Throughout the workshop there will be opportunities for identifying goals and learning outcomes towards the International Standards and opportunities will be provided for mock orals and assessments. There will also be a writing workshop where trainees can get support and feedback for their written exam material.

Trainees will have the opportunity to experience the culture and community of Transactional Analysis with its implicit ethos of equity, transparency and respect for diversity and difference.

### **Learning outcomes:**

#### **Through individual learning contracts, participants will:**

- Increase understanding of current Transactional Analysis theory and practice.
- Demonstrate and receive feedback on current level of integration of therapeutic skill.
- Increase awareness of group processes and roles.
- Identify personal processes that may affect functioning in large group, small groups and one-to-one work.